

Janet Riley, C.E.M.T., AHT (Vet Tech), Path Intl. Certified Instructor

Biography

Janet has been around animals all her life. It was her love of horses and dogs that led her to become an Animal Health Technician (Vet Tech). She studied anatomy, physiology, pathology, histology, haematology, microbiology, chemistry, parasitology, treatment protocol, anaesthesiology, surgical & procedures, pharmacology, radiology & diagnostic imaging, equine and animal behaviour, sociology, ethics and business management at both College and University Level.

She has worked with horses and dogs ever since. Janet has owned, ridden and competed with many different horses in different disciplines, taught beginner riding lessons and worked along with her husband training Standardbred race horses. She was also able to transition more than a few of the race horses to a second career as a riding horse. She has groomed, handled and trained dogs professionally, worked in several of the local veterinary clinics and shelters as well as in a zoo managing the care and maintenance of the animals while training and interacting with them and educating the visitors.

Janet's innate "horse sense" has allowed her to develop a deep connection and communication with all animals.

She earned her designation as a PATH International Therapeutic Riding Instructor and taught for many years at the Windsor Essex Therapeutic Riding School. She set up the curriculum and managed the Pony Club there for many of those years.

Janet studied many aspects of the healing arts before becoming certified in Equine Massage Therapy, and continues to expand her knowledge of bodywork beyond massage therapy to include courses in myofascial release, osteopathic techniques, structural integration, joint mobilization and manipulation, acupressure, sports massage, rehabilitation therapy, therapeutic massage, cranial-sacral therapy, TTouch and Reiki.

It was her own debilitating injury that led her to learn that there was a better way to treat our animal companions and their pain and discomfort. Janet's compassion and empathy has not only increased her awareness of the issues that can cause limitations to the body's "wholeness" but allows her to apply appropriate techniques to ease those conditions.